

CAREGIVERS ASHA SOCIETY PRESENTS



KAVITA CLASSES

A film by Gopal Chowdhury

A devoted caregiver and former educator sacrifices her identity for her family, only to find an unexpected new beginning right at home.

DRAMA · SLICE OF LIFE | INDIA | 27:22 | 2.39:1 | 4K | 5.1

ELECTRONIC PRESS KIT 2026

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Logline

A devoted caregiver and former educator sacrifices her identity for her family, only to find an unexpected new beginning right at home.

Synopsis

Kavita, a passionate former teacher, has put her career on hold to manage her home and care for her sick mother-in-law around the clock. However, when she receives an award from her former school, it leads to an unexpected crisis at home. Realizing the heavy sacrifices she has been making, her family steps up and works together to build a dedicated workspace at home, so she can teach once again.

Technical information

TITLE	Kavita Classes
GENRE	Drama · Slice of Life
COUNTRY OF ORIGIN	India
SUBTITLES	English
RUN TIME	27:22
SCREEN RATIO	2.39:1
SHOOT FORMAT	4K
SOUND FORMAT	5.1

Presented by Caregivers Asha Society. A film by Gopal Chowdhury.

Gopal Chowdhury



Gopal Chowdhury is a filmmaker with over two decades of experience across cinema and television in Mumbai, Kolkata and international productions. Since 1999, he has worked as a director, associate director and assistant director across feature films, documentaries, shorts and campaigns. His credits include Chittagong, Sold, JL-50, Tooth Pari and PI Meena, alongside filmmakers including Bedabrata Pain, Jeffrey D. Brown and Pratim D. Gupta. His directorial work includes socially resonant films such as Her Life and Kavita Classes.

Director's note

"Kavita Classes was born out of an observation of everyday silences — the quiet sacrifices that often go unnoticed within the rhythm of domestic life. In this film, I wanted to explore how routine can both conceal and reveal the emotional truths of a person's existence.

As a filmmaker, I have always believed that cinema is not only about spectacle but about empathy. Through Kavita's story, I sought to highlight the invisible strength of women who balance duty, identity, and unspoken aspirations. The film uses shadows, reflections, and sound as metaphors to evoke the poetry hidden in ordinary moments.

My journey across feature films, television, and documentaries has taught me that the most powerful narratives are often the simplest ones — those that resonate universally yet remain deeply personal. Kavita Classes is my attempt to create such a narrative, one that invites audiences to pause, reflect, and recognize the lessons lived quietly around us every day."

— Gopal Chowdhury, Director

Shobhit Mathur



Shobhit Mathur is a Mumbai-based writer, performance educator and creative professional from Jodhpur, Rajasthan. His background in acting, physical theatre, speech and language, teaching and curriculum design informs a storytelling approach rooted in character and emotional authenticity. As writer, executive producer and associate director of Kavita Classes, he has played a key role in shaping its sensitive exploration of caregiving, family relationships, identity and the unspoken emotions of everyday life.

Writer's note

Kavita Classes comes from a simple observation: in many homes, women quietly put their dreams on hold to care for their families. Society often praises sacrifice, but people rarely talk about the physical and emotional stress it places on the person making it. Kavita represents many women who balance their love for family with a desire for their own identity.

Through this film, I wanted to show the everyday realities of family life — the guilt of wanting time for yourself, the heavy work of caregiving, and how easily people blame each other during a crisis. Kavita's story is not about choosing between her home and her passion; it is about finding a way for both to exist together.

At its core, Kavita Classes is about empathy and support. It reminds us that loving your family means valuing each member beyond their work at home, and that true strength comes from supporting one another.

— Shobhit Mathur, Writer

ACTOR • AS KAVITA

Sudeepta Singh



Sudeepta Singh.

Sudeepta Singh has worked across television, cinema and theatre since 2006. Her screen credits include Yeh Kahaan Aa Gaye Hum, Ramayan, Chalk n Duster and Mee Raqsam. In 2018, her performances in the short films Seher and My Pot of Gold received Best Actor recognition. She has also appeared in commercial campaigns and in Parakh Theatre's Chup, and has shared the screen with acclaimed actors including Shabana Azmi, Naseeruddin Shah and Girish Karnad.

EDITOR

Sujay Datta Ray



Sujay Datta Ray is a graduate of the Film and Television Institute of India (FTII), Pune, and an accomplished film editor based in Kolkata. Over an extensive career, he has edited more than 100 films and received numerous awards and recognitions for his work. His depth of experience and understanding of cinematic rhythm bring a distinctive editorial sensibility to Kavita Classes.

100+

FILMS AS EDITOR

FTII

PUNE ALUMNUS

Ganpat Singh Bhati

SELECTED CREDITS

Rattrap

Cinematography

Cake

Pitaah

Shuddhi

Camera · documentary

BASED IN

Jodhpur, Rajasthan

Ganpat Singh Bhati is a Jodhpur-based filmmaker, cinematographer and editor, trained in filmmaking at the Mumbai Digital Film Academy and founder of Green Studio in Rajasthan. His work spans short films, documentaries and independent productions. His cinematography credits include Rattrap, while he has also worked on Cake and Pitaah. He was a cameraman on the documentary Shuddhi, whose cinematography received recognition at the Cine Paris Film Festival. As Director of Photography for Kavita Classes, he brings a naturalistic visual sensibility to its intimate portrayal of family, caregiving and identity.

Saikat Chattopadhyay

SELECTED CREDITS

Katti Nrittam

Music director

Mukhosh

Lyricist

Jojo

Lyricist

Au Revoir

Background music

BASED IN

Kolkata

Saikat Chattopadhyay is a Kolkata-based composer and lyricist whose work spans film and independent music. He is credited as Music Director for the Malayalam film Katti Nrittam and as lyricist for the Bengali films Mukhosh and Jojo. His work also includes original background music for the short film Au Revoir. For Kavita Classes, his sensitive musical approach complements the film's intimate exploration of caregiving, family relationships and personal rediscovery.

SOUND

Sound design

Sound Design & Mix — Adeep Singh Manki & Anandit Roy.



Anandit Roy
SOUND DESIGNER



Adeep Singh Manki
SOUND DESIGNER

5.1

SOUND FORMAT

4K

SHOOT FORMAT

2.39:1

SCREEN RATIO

Stills



Kavita asleep in the chair — exhaustion, solitude and the invisible labour of caregiving. Primary key art.



Bedside care — direct caregiving at home.



Three generations in the garden — care across generations. Caregiving advocacy image.



Warmth, connection and emotional support.



The older person within everyday life, not only dependency.



Ordinary family life surrounding caregiving responsibilities.



Character portrait — Kavita in the darkened house.



Emotional close-up.



Kavita teaching — her professional identity.



Kavita with her students.



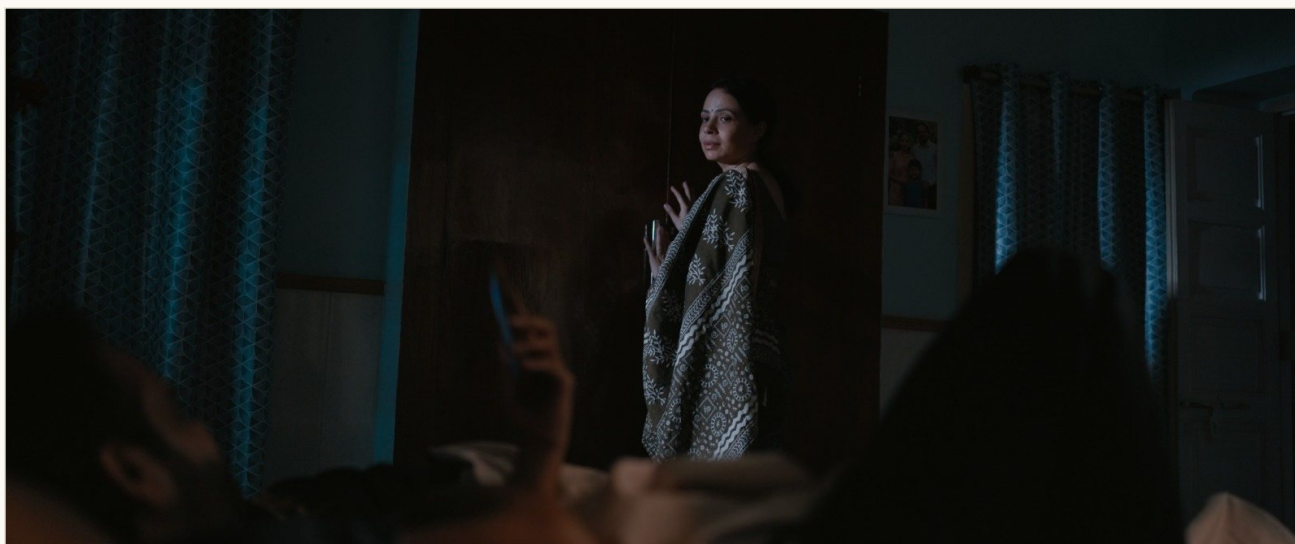
Affection and family connection.



School identity-card detail.

Cast & crew

FEATURING	Sudeepta Singh · Anuradha Adavani · Rajdeep Verma · Aryan Mathur · Divya Mishra · Nirdosh Mathur · Dr. Meena Bardia
DIRECTED BY	Gopal Chowdhury
CONCEPT	Dr. Arvind Mathur
WRITER, EXECUTIVE PRODUCER & ASSOCIATE DIRECTOR	Shobhit Mathur
DIRECTOR OF PHOTOGRAPHY	Ganpat Singh Bhati
EDITOR	Sujay Datta Ray
SOUND DESIGN & MIX	Adeep Singh Manki & Anandit Roy
MUSIC DIRECTOR	Saikat Chattopadhyay
CASTING	Shobhit Mathur
CHIEF ASSISTANT DIRECTOR	Amit Kumar Rajput
ASSISTANT DIRECTORS	Vishesh Bajpai & Yashaswi Gaur
PRODUCTION MANAGER	Afzal Hussain
ART DIRECTOR	Chandrakant Sain (Jacky)
COSTUME DESIGNER	Yashaswi Gaur
MAKEUP ARTIST	Darshani Borana
HAIRSTYLIST	Jaishree Solanki
ASSISTANT CAMERAMEN	Sorav Jain, Shashank Sarwan & Indradutt Vyas
COLORIST	Amir Mondal
TITLE GRAPHICS & POSTER DESIGN	Pinaki Sarkar



Kavita looking back from the darkened room. Festival / alt key art.

AVAILABILITY

Status

Completed 2026 · Currently in festival submission. Available for programming — screeners on request.

Contact

PRESS & FESTIVAL ENQUIRIES

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FILM ENQUIRIES

Shobhit Mathur

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SCREENER / TRAILER LINK

[to be confirmed]

Presented by **Caregivers Asha Society** · Jodhpur, Rajasthan, India · Registered non-profit · 80G & CSR certified

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